



## Chambres d'hôtes des Caps et marais d'Opale

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August 2006  
Newsletter

Summer is almost over, events and workshops will start again. Surprise your loved ones with an original theme stay. Give a moment of relaxation and evasion, in a master house near the canal in Saint Omar, with or without a room in our bed and breakfast .

### Contemporary embroidery

Two days, learn the various cross stitch embroidering techniques Go home with the sponge towel that you made yourself.

**Dates to be defined.**

### Silk painting

Great idea for Christmas ! A great time of evasion with one's own silk square piece. This activity lets each participant create his own silk painting piece, scarf or framed painting..

**Two sessions before the end of December.**



### Traditional embroidery.

Have an unforgettable experience with traditional old-style linen lovers. Mariee, and Adrienne are passionate about sheets, embroidered pillow covers, tabletop clothes, laces, handkerchiefs and night gowns...

Hundreds of pieces are gathered in the guest rooms of the house.

Learn the basic techniques of ancient embroidery, repair a lace piece, a tabletop embroidered cloth.

Bring those long forgotten pieces of linen back to life.

**Adrienne, the stiches technician :**

Come and benefit from Adrienne's experience, retired "mercière" (clothes and linen retailer) who initiates you at the points of embroidery such as: stem, flat last festoon or encroaching plumetis, ringlet...

Follow the traces of the girls who in the Fifties and Sixties, learned the seam and the ways at the school on pieces of cotton.

**Mariee, creates the moods and brings objects to life.**

Mariee expresses her delirious imaginative mind in her guest rooms. Discover that only one lace glove can become a framed artistic piece, that some ends of skew or extra are great features on a white wall, or that fifty centimeters of lace bought in your last car boot sale will enhance the simplest towel

The worn out monogram of your grandparents finds a second life through a light shade, a cushion of a framed piece.

**First workshop on October 30<sup>st</sup> and 31<sup>st</sup> 2006.**



### Kitchen coach.

Marie offers her kitchen and a kitchen chef's talents, Olivier Turlotte, for a three hour fun session in learning the art of gastronomy.

To the rescue of desperate housewives and kitchen helpers.



**Next sessions on Fridays in September and during the "taste buds week" (Semaine du Goût) from October 16<sup>th</sup> to 21<sup>st</sup>.**

### Arts Nights

two musical nights in preparation. French and foreign variety and Christmas carols.



**Dates to be defined soon**

### Aquazen Relaxation Center

Remember it is always possible to enjoy a session at the nearby Aquazen Relaxation Center (sauna, hammam, relaxation pool and spa. ) at a discounted price if paired with a stay in one of our guest rooms..

All workshops accept two to four participants.

It is possible to arrange with you the dates that suit you best.

As always, please refer to our website to discover the latest updates and lots of pictures illustrating our rooms and the activities on offer..

Saint-Omer is located at a 2 hours drive from Roissy Charles-de-Gaulle airport, one hour from Lille, 30 minutes from the "Côte d'Opale" (sea side),the channel tunnel and Belgium. The train station is only 300 meters away from the house..

Please feel free to contact us for any extra information

Cordially,

**Mariee**